

# Hawthorne Press Tribune

The Weekly Newspaper of Hawthorne

Herald Publications - Inglewood, Hawthorne, Lawndale, El Segundo, Torrance & Manhattan Beach Community Newspapers Since 1911 - Circulation 30,000 - Readership 60,000 (310) 322-1830 July 19, 2012

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## Hawthorne Comes Together for Second Annual Movie in the Park



The Holly Park Homeowners Association hosted a fun summertime movie, appropriate for all ages. And it was free. From left to right: Mayor Danny Juarez, Katrina Manning, President of the Holly Park Homeowners Association and Founder of Movie in the Park and State Senator Roderick D. Wright. Photo courtesy of Katrina Manning.

## Second Annual Movie in the Park Draws Big Crowd

By Cristian Vasquez

The day began warm and sunny with families enjoying the food, music and face painting at Holly Park for the Second Annual Movie in the Park and ended with a screening of *Journey 2: the Mysterious Island*. "It was really great and the movie was nice," Tino Tillman, who was there with his family, said. "I saw the poster boards all over. I went to one of these at a different park. I liked the entertainment."

The family-friendly, community-organized event was hosted by Katrina Manning, President of the Holly Park Homeowners Association and Founder of Movie in the Park, and had a strong turnout of more than 180 people. Manning expressed her satisfaction with so many community members attending the event, as well as seeing local leadership come out and spend time with the community. The entire Hawthorne City Council attended the event (Mayor Danny Juarez, Mayor Pro Tem Angie Reyes English and Council members Olivia Valentine, Alex Vargas and Nilo Michelin) in addition to Assemblymember Stephen Bradford and State Senator Roderick D. Wright. In addition, there was an increase in sponsorship from local businesses to help put everything together.

"Last year they [sponsors] saw the event and realized how great it was--they saw the people that supported it and decided that they wanted to be a part of it," Manning said. "However, it was hard this time because last year we had a lot of the fees waived and this year we didn't. So this year I had to get help from more sources, especially since I had to buy liability insurance [\$1 million policy]. This year was actually a little more difficult than last year."

In addition to having more sponsors contribute to the event, which Manning and Vargas recognized with certificates of appreciation, there were more volunteers for this year's activities. The City provided three

staff members who were out helping with the face painting with the kids and monitoring the jumpers where the kids were playing.

"I think what you see here is the result of people asking for an event like this to come back every year," Vargas said. "I really want to congratulate Katrina Manning for taking the initiative. If it weren't for her and the Holly Park Homeowners Association, we wouldn't have this right now. You see kids and parents having a good time—it's a great thing. Also what an event like this does is that it puts the focus on parks and how parks are needed to allow for the community to

come together. You need space where people can come and congregate and have events that unite them."

The day's activities also involved raffle prizes that included a team-autographed hat by the Los Angeles Clippers. In addition, a 19-inch flat screen television made one Hawthorne resident happy. Movie tickets and Target gift cards were also part of the prizes given out. As the event has grown, the Holly Park Homeowners Association's reputation has expanded with it.

"Our organization as a whole has been very  
**See Movie, page 12**

## Weekend Forecast

**Friday**  
AM Clouds  
PM Sun  
74°/63°



**Saturday**  
Partly  
Cloudy  
73°/64°



**Sunday**  
AM Clouds  
PM Sun  
74°/65°



## Local Resident Makes it to Finals in Television Singing Competition

By Cristian Vasquez

After weeks of competition, South Bay resident Jason Farol has earned a spot in ABC's *Duets*, a singing competition that matches up a superstar vocalist with two partners. Farol, who was born and raised in South Torrance and is described as naturally shy, never imagined that his vocal abilities would lead him to a national singing competition let alone to the final stages.

"I have never really performed before *Duets*--it is the first time I actually got on the stage and performed in front of that many people," Farol said. "I have always wanted to be a singer. I really didn't think it was possible for me, but I still just sent out an audition tape. I kept making it farther in the process, which made me really happy and then I finally got to audition with Kelly Clarkson. She brought me on stage and one of her concerts in San Diego and we performed in front of thousands of people.

At that moment I was like, 'Okay, I want to do this the rest of my life.'"

The superstars on the show include Clarkson, John Legend, Jennifer Nettles and Robin Thicke, all of whom searched the country for undiscovered talent they could turn into their protégés. Each week the stars and the potential protégé take the stage in front of a live audience. The amateur in the winning duet will receive a contract with Hollywood Records, which for Farol would be a dream come true.

"I'm hoping once this ends that I will be able to continue doing what I have been doing here," Farol said. "I'm pretty sad that it's almost over because I really don't want it to end. I've been having so much fun. I definitely want to pursue music."

Farol attended El Camino College before he transferred to California State University, Dominguez Hills where he was seeking a

**See Singing, page 12**



# Hawthorne Happenings A Student's Perspective

## News for the City of Good Neighbors

### From City Clerk Norb Huber

#### Hawthorne to Celebrate 90th Birthday

Here is the Schedule for Hawthorne's 90th Birthday Celebration:

7:30 – 11 a.m. - Kiwanis Club Pancake Breakfast - \$5.00

8 a.m. - Classic Car Show along with Tesla and Ford electric car demos

9 a.m – 3 p.m. – Vendors fair

9 a.m. –Grand Opening and Ribbon Cutting Ceremony for Hawthorne Museum

9:30 a.m. – Live Music Concert on Stage featuring the “Beach Bums”

11 a.m. - Hawthorne's 90th Birthday Party Program – Birthday Cake

12 noon – Surfin' Safari Band Live on Stage

1:30 p.m. – Car Show Awards presentation “Three Balls of Fire” live music concert on stage

3 p.m. – Event concludes

Commemorative Book and T-shirts on Sale

A full-color, 44 page commemorative 90 year anniversary Hawthorne book will be on sale at Good Neighbors Day and at the Hawthorne Museum. The book is a “slice of Hawthorne” from it's early days to the present. It will be a collectors item that you will want to keep for years to come. Also, there will be t-shirts and collared shirts on sale marking the 90th anniversary. Bring some cash, you will want to grab one to wear and tell everyone you are from Hawthorne.

#### Helms Bakery Truck

Are you old enough to remember the Helms Bakery trucks delivering goodies in Hawthorne? Well, you can relive those memories this Saturday. We have one coming to Good Neighbors Day. The fully restored truck will be on display outside the museum. Take some pictures, send them to your family to reconnect with those good times.

#### Answer to last week's Hawthorne Trivia Question

Did you figure out the trivia question from last week? The most watched YouTube video related to Hawthorne is not about an exciting event. It has no people in it. It is one that



simply shows a mechanical arm going back and forth when the train crosses over Eucalyptus Avenue in Hawthorne. We are one of the few cities in the country with a wig wag. A wig wag is an arm with a light on it that moves back and forth to warn drivers that a train is approaching the intersection. You can see this exciting 10-minute video if you search for wig wag

Hawthorne.

Ramona Neighborhood Association Picnic – Sat. July 28

The annual picnic hosted by the Ramona Neighborhood Association will be held on Saturday, July 28 from 11 a.m. to 2 p.m. at the Ramona Park. Residents of the Ramona tract are encouraged to attend and get to know their neighbors. Its always a real nice time.

#### Nominations for Citizen of the Year

Who will be Hawthorne's Citizen of the Year for 2012? It is time to submit written nominations to the Hawthorne Chamber of Commerce. There are many deserving persons across our community who never get nominated because some one doesn't take the time to nominate them. Be a good neighbor and look around at who is making a difference in our community. Nomination forms are available at the Hawthorne Chamber Office, 12629 Crenshaw Blvd, or you may simply write a letter explaining why an individual should be citizen of the year. Include both your own and their complete contact information. The surprise announcement will be made during the chamber's annual Installation of Officers and Civic Awards Breakfast, Thursday August 30, 2012, beginning at 7:30 am at the Hawthorne Memorial Center, 3901 E. Segundo Blvd.

Contact info: email: norbhuber@gmail.com or 310-292-6714.

#### Upcoming Events in Hawthorne

Sat. July 21 – 90th Birthday of Hawthorne (all day) Civic Center

Sat. July 28 – Ramona Neighborhood Association Picnic – Ramona Park •

Everybody needs beauty as well as bread, places to play in and pray in, where nature may heal and give strength to body and soul.

John Muir

## Calendar

### ALL CITIES

#### TUESDAY, JULY 24

• Presentation of the Congressional Gold Medal to Tuskegee Airman Walter Crenshaw, 7:00 p.m., Torrance City Council Chambers, 3350 Civic Center Drive.

#### SATURDAY, JULY 28

• “Cardboard Box City Event” benefiting Family Promise of the South Bay, 4:00 p.m.-Sun. 7:00 a.m., First Christian Church, 2930 El Dorado St. For more information call (424) 571-2261.

### ONGOING

• Recovery International Meetings are on Fridays, 10:00 a.m. at the South Bay Mental Health Center, 2311 El Segundo Blvd. For more information call Deanna at (310) 512-8112.

### HAWTHORNE

#### SATURDAY, JULY 21

• Good Neighbors Day, 9:00 a.m.-3:00 p.m., Hawthorne Civic Center, 4455 W. 126th St. For more information call (310) 349-2906.

### ONGOING

• Wiseburn Food Fest benefiting the Wiseburn Education Foundation, 5:30 p.m.-9:00 p.m. on the last Friday of every month (excluding October and December) at Dana Middle School. info@wiseburneducation.org

• Social Security Outreach available for drop-in assistance, 10:30 a.m.-12:30 p.m. on the 2nd and 4th Thursday of each month, with the exception of holidays, Hawthorne Library, 12700 Grevillea Ave. For more information call Donald Rowe at (310) 679-8193.

### INGLEWOOD

#### THURSDAY, JULY 19

• Ronald McDonald's “Booktime” Show for Kids, 2:00 p.m., Main Library, 101 W. Manchester Blvd. For more information call (310) 412-5645.

#### THURSDAY, JULY 26

• Library Kids' Program: What's Buzzing in Your Backyard? a fun program on insects, 2:00 p.m., Main Library, 101 W. Manchester Blvd. For more information call (310) 412-5645.

### ONGOING

• Free ‘Housing Rights Walk In Clinics’ for Inglewood residents and community members every 2nd Tuesday of the month, during the 2012 calendar year, 1:00 p.m.-4:00 p.m., at the Inglewood Library, 101 W. Manchester Blvd. For more information call Geraldine Noguera at (800) 477-5977 extension #27.

• Free Summer Food Program, M-F, from June 20-August 31. Free lunches offered to youth 18 and under at eight different locations in Inglewood. For more information, call (310) 412-8750.

### LAWDALE

#### SATURDAY, JULY 21

• Clean up Week (July 14-July 22) Public Works Yard open, 8:00 a.m.-2:00 p.m., 4722 Manhattan Beach Blvd. For more information call (310) 973-3260.

### ONGOING

• Lawndale Certified Farmer's Market, 2:00 p.m.-7:00 p.m., every Wednesday on the lawn of the Lawndale Library, 14615 Burin Ave. •

## If Man Makes it, Don't Eat It!

By Glen Abalayan

In the late 1900s, a well-known health expert and bodybuilder named Jack Lalanne famously said, “If man makes it, don't eat it.” In his brief proclamation, Jack enthusiastically urged people to get back to eating food in their natural state. But over the years, people have disregarded fitness experts like Jack and instead listened to mouthwatering 30-second food commercials. It has been decades since he first stated his message, but Jack's idea is needed now more than ever in a world where people have chosen fake food over real food.

A look inside any burger would show how much man has changed the nature of food. The main culprit of this issue is the main ingredient itself--the patty. The patty is the product of the mechanization of the meat industry from simple butchery into an assembly line. It is difficult to find a piece of the patty that is untouched by human hands or machinery because it is simply the unwanted scraps of meat blended together and molded into a circle. It doesn't seem right to call the patties “meat” anymore because the patties look more like circular, pink clay than something that came from an animal.

Processed foods have also crept into the American household. An example of this is white rice. The main staple food of most households, white rice is a common starch to complement a number of meals. But it is also one of the most processed foods in someone's kitchen, as it is the stripped down and refined version of its natural cousin, brown rice. Although most consider it more pleasing to the taste buds than brown rice, white rice is less nutritional and lacks the health benefits of its natural counterpart. Other examples of overly refined food are ice cream, cookies, pies and sodas.

The scientific advancements made in agriculture are one of the reasons in the denaturalization of food. In the past two centuries, science has made some questionable moves in agriculture by mutating an animal or plant's genes to produce more food and further bombarding them with hormones or pesticides. Some say that these methods are justified because of humanity's increasing population, but the same methods have transformed livestock from their natural roots and mutated them into meat-making machines.

There is a strange case in Belgium where the mutation of genes has reached almost monstrous levels. In the case of the Belgian Blue Cow, a breed of cattle from the country that bears its name, the animals have been bred to have bodybuilder-like muscles for only one thing--meat. Chickens are not spared

from these mutations, as poultry have also been bred to produce twice as much meat in their breasts and thighs and mature much quicker than their wild ancestors. Unfortunately, humans are the end product of all these alterations as they consume a large part of the meat produced and the harmful hormones inside.

The method of de-naturalizing food has made people trade health for taste and are unfortunately paying the price. Instead of eating food in its natural state, people eat a sugary meal that hardly has any nutrients inside and causes them to grow weak. Today's obesity epidemic is a major outcome of the changes humans have made to their food. With the presence of cheap and tasty fast food joints, more people are eating refined and processed goods instead of having a home-cooked meal. But the added consumption of processed goods has also changed the appearance of those who eat it regularly and puts more meaning to the saying, “You are what you eat.” In the past decade, more people unfortunately resemble the hormone-packed chickens they eat by having unnaturally large breasts and thighs. The changes in human appearance are but a few of the direct results of consuming processed foods. But although there has been an increase in the consumption of refined goods, people are still able to change their ways by following Jack Lalanne's policy on food.

Jack's “if man made it, don't eat it” policy teaches people to stick to eating foods that are as close to their natural states as possible. A good rule of thumb in eating food that follows his philosophy is simply seeing if the food is available in nature. Surely foods like ice cream and ground beef are impossible to see naturally and should only be taken occasionally. Likewise, food found in nature such as fresh fruit and meat cuts are very close to their natural state and should be a major part of a person's diet. By his strict discipline in following his own philosophy, it is no surprise that Jack has lived up to the ripe age of 96 years.

Our planet has an abundance of naturally grown food that far surpasses its manufactured counterparts in health benefits and can nourish us for a lifetime. The recent advances in science have produced a wealth of benefits in our food, but have also made a few mistakes that put people's health at risk. But people are not helpless in changing their ways, as they can follow the time-tested idea of keeping it simple. This includes our food. In our world's complicated search for a cure to everything, people should start by simply looking at their plate. •

## Police Reports

### Assault

4000 W 134TH ST Fri 07/06/12 2245 STREET, HIGHWAY, ALLEY

11500 S TRURO AV #3 Wed 07/04/12 1200 Burglary - Auto

14032 S CORDARY AV #11 Thu 07/05/12 2200 Fri 07/06/12 0630

4000 W 139TH ST Thu 07/05/12 1700 Fri 07/06/12 0715

W 133RD ST/S WASHINGTON AV Fri 07/06/12 0300 Fri 07/06/12 0850 STREET, HIGHWAY, ALLEY

3729 W 144TH PL Fri 07/06/12 1800 Sat 07/07/12 0500

### Burglary

4389 W 141ST ST #6 Sat 07/07/12 0804 12830 S ROSELLE AV Mon 07/09/12 1707 Burglary-Res

4374 W 116TH ST Mon 07/02/12 1200 Fri 07/06/12 1913 RESIDENTIAL-HOUSE

14110 S FONTHILL AV Sat 07/07/12 1900 Sun 07/08/12 0930 GARAGE DETACHED

3900 W 146TH ST Sun 07/08/12 1556 RESIDENTIAL-HOUSE

13427 S ROSELLE AV #1 Mon 07/09/12 0100 ARREST CARPORT (RESIDENTIAL APTS OR DUPLEX)

4534 W 130TH ST Mon 07/09/12 0745 Mon 07/09/12 1800 RESIDENTIAL-HOUSE

Robbery

W 141ST ST/S JEFFERSON AV Fri 07/06/12 1758 PARK-PLAYGROUNDS

11400 BLK EUCALYPTUS AV EAST ALLEY Sun 07/08/12 0020 ARREST STREET, HIGHWAY, ALLEY

3926 W ROSECRANS AV Sun 07/08/12 1601 ARREST BARBER, BEAUTY SHOPS

3133 W 131ST ST Mon 07/09/12 1050 AUTO/VEHICLE

Vehicle Theft

14100 S INGLEWOOD AV Fri 07/06/12 1251

4020 W 139TH ST #25 Sat 07/07/12 0814 11840 S DAPHNE AV Sat 07/07/12 2100•



## Classifieds

The deadline for Classified Ad submission and payment is Noon on Tuesday to appear in Thursday's paper. Advertisements must be submitted in writing by mail, fax or email. You may pay by cash, check, or credit card (Visa or M/C over the phone).

Errors: Please check your advertisements immediately. Any corrections and/or changes in an ad must be requested prior to the following Tuesday deadline in order to receive a credit. A credit will be issued for only the first time the error appears. Multiple runs will only be credited for the first time the error appears. No credit will be issued for an amount greater than the cost of the advertisement.

Beware: Employment offers that suggest guaranteed out-of-state or overseas positions may be deceptive or unethical in nature. If you have any doubts about the nature of a company, contact the local office of the Better Business Bureau, (213) 251-9696. Herald Publications does not guarantee that the advertiser's claims are true nor does it take responsibility for those claims.

**Schofield Realty**  
We receive 50 phone calls a month for rental units in town. We need homes & apartments to lease. Call KEN about our Mgmt. program for Homes & Apartments.  
**310-322-4660**

### APARTMENT FOR RENT

**Studio Apt. ES.** Quiet complex upper unit, stove, fridge, pool, laundry, covered parking, and storage. No smoking/pets. Avail. 8/1. \$875 + \$875 deposit w/copy of credit rpt. Leave message at (310) 322-8099.

**Beautiful, 1 bedroom unit w/private patio,** gas bbq hook-up, double-paned windows, blinds, private 1 car garage & storage, front-loading w & d, full-sized kitchen with granite counters, chrome hardware, custom wood cabinets, gas oven, microwave, refrigerator, hardwood flooring & Italian tile, recessed "can" lighting with dimmer switches, crown molding, cable ready for flat screen TV, and more! Pets okay upon. \$2,150 w/1-year lease minimum. Virtual tour @ [www.205Standard.com](http://www.205Standard.com). Avail. 8/1/12. Call 310-721-3625 for appointment.

**1BD.** Extra Large Bungalow Apt. ES. Installed W/D, D/W, Refrigerator, stove. New carpet, one car garage.

Avail. Sept. \$1450/mo. 604 Illinois Ct. Call (310) 545-2845.

**2BD Duplex,** Westchester. 8818 Reading St. Immaculate, lower unit, appliances. \$1595/mo. (310) 365-1481 or (310) 641-2148.

### EMPLOYMENT

**Part-Time Graphic Artists** needed Herald Publications is looking for part-time graphic artists. Applicants must be available approximately 20-30 hours a week and be able to work with Adobe InDesign CS4, Photoshop, Suitcase Fusion and similar software. Responsibilities include, but are not limited to, interacting with advertisers. Interacting with employees and sales representatives, creating ads, ad changes and newspaper layout. Interested parties please email your resume and hourly rate to [management@heraldpublications.com](mailto:management@heraldpublications.com). No calls please.

**Groomer:** Needed experienced groomer of dogs and cats for a busy shop in Rolling Hills. Contact Karen at (310) 409-5545.

### FOR SALE BY OWNER

**2008 Vanilla Creme PT Cruiser.** Silver/Gray leather interior. 18+K

miles. \$13,000, Original owner/Excellent condition. (310) 640-9303.

### GARAGE SALE

**Behind-439 Eucalyptus Dr. ES.** Sat., 7/21, 7 - 11 a.m. Pictures, antique furniture, bikes, household items.

**811 California St. ES.,** Sat. 7/21, 8 a.m. - 1 p.m. Captain's bed, futon, desk, Army gear, uniforms, camel back, router, books, classic movies DVD's, vintage pottery, women's clothes, surf board, household items, floor lamp, jewelry.

**618 W. Maple Ave. ES.,** Sat., 7/21, 7 am - 11 a.m. Multi-family garage sale. Antique secretariats. Lots of bargains.

**836 Sheldon St. ES.** Sat. 7/21, 8 a.m. - Noon. A little bit of everything!

**903 & 907 Cedar St. ES.** Sat. 7/21, All-Day, Multi-Family Blow-Out Sale! Quality household items, clothing, decor, books, collectibles, garden, pottery, treasures!

### ROOM FOR RENT

**Furnished.** Non-smoker. Great for commuter. \$600/mo. All utilities paid. Call Barbara (310) 242-3758.

## Community Briefs

### Free Lamp Exchange for 1st Timers

Free lamp exchange for new energy efficient fluorescent lamps. Please note: you are only eligible if you have not exchanged five or more lamps since 2010 due to the new Southern California Edison rule. But

you know how great this is – so share the news with friends. The lamp exchange will take place August 18, 2012 from 8 a.m. to 3 p.m. at the Kmart Parking Lot located at 500 Carson Town Center in Carson, 90745.

### HRC Hosts Free Housing Rights Walk-In Clinics In Inglewood

The Housing Rights Center (HRC), and the City of Inglewood, will be hosting free 'Housing Rights Walk In Clinics' for Inglewood residents and community members every Second Tuesday of the month, during the 2012 calendar year. The clinics will be held from 1:00-4:00pm at the Inglewood Library (Lecture Hall) located at 101 W. Manchester Blvd., Inglewood CA 90301. HRC will be present to provide information regarding housing discrimination and landlord-tenant rights and responsibilities. HRC is contracted

with the City of Inglewood to provide free landlord-tenant counseling, discrimination complaint investigation, outreach and education and legal advocacy. Individuals who believe they are victims of housing discrimination or have questions about their rights should visit HRC's monthly Inglewood Walk In Clinic. For more information, please call Geraldine Noguera at (800) 477-5977 extension #27. TTY users please call (213) 201-0867. This location is handicap accessible. No reservations needed.

### Army Capt. Lynette Jones Honored as Veteran of the Year for 51st Assembly District

Army Captain Lynette Jones was honored today in Sacramento as the Veteran of the Year for the 51st Assembly District. Assembly Member Steven Bradford introduced her on the Assembly floor, and joined her at the 5th Annual Veterans of the Year Luncheon at the Sacramento Convention Center. Capt. Jones has served two tours of duty in Iraq. During her service she was awarded the Meritorious Service Award and the Army Commendation Medal. She is currently preparing to return overseas for her third tour of duty, this time in Afghanistan. Prior to her service, she earned a Bachelor's degree from Columbia University and a Master's in Criminal Justice Administration

from Norwich University, a private military college in Vermont. "Our veterans and their families make a tremendous sacrifice on our behalf," Bradford continued. "Capt. Jones represents all of the service members who have selflessly devoted themselves to protecting our country." Capt. Jones is owner and operator of New Day Talk Radio, an Internet radio station based in Gardena. She is also a member of the Gardena Valley Chamber of Commerce and the Veterans and Military Business Owners Association. She continues her work on behalf of veterans as a member of the Inglewood Veterans of Foreign Wars.

### Assemblymember Bradford Honors Dan B. Wise as the 2012 Small Business Owner of the Year

Assemblymember Steven Bradford honored Inglewood resident, Dan B. Wise, owner of Wise Tire & Brake Inc. as the California Small Business Association 2012 Small Business Owner of the Year from the 51st Assembly District. "Wise Tire & Brake has meant so much to the community of Inglewood and the 51st Assembly District," said Assemblymember Bradford. "I am proud to honor Dan as this year's small business owner of the year." A long-time resident of the 51st Assembly District, Wise has been very involved in the community. He served three years in the National Guard and three years as a sergeant in the U.S. Army Reserve. At the age of 24, he was the youngest member of the local Rotary Club, eventually serving on their Board of Directors and becoming the Board President. He was also appointed as Commissioner on the Inglewood Parks and Recreation Board and President of the County Civic Center Authority for then Mayor of Inglewood Edward Vincent Jr. In addition, he served on the advisory board of the Daniel Freeman Hospital, the board of the Inglewood YMCA, and the board of the Inglewood Historical Society. "Dan has been very active in the business community in Inglewood," said Assemblymember



Bradford. "The people of Inglewood are all the better for his dedication and benevolent service." Established in 1923 by his father, Dan Wise Sr., Wise Tire & Brake Inc. is the oldest business in Inglewood. Throughout the years, Wise Tire & Break Inc. has sponsored many youth activities in Inglewood and the surrounding area. •

## Finance

### What Happens When You Can't Pay Your Medical Bills?

By Jason Alderman

It's no secret that health care costs have been spiraling out of control for years. To fight back, your best bet is to be a well-informed consumer: Know the true costs of medical procedures, supplies and medications so you can bargain effectively; carefully anticipate and track medical expenses; and stay on top of your bills.

But sometimes, even when you follow the rules you still can get burned. I've heard many appalling stories about people – even those with comprehensive insurance – who have been denied benefits, over-charged, sent to collections or even forced to file for bankruptcy because they couldn't pay their medical bills.

Here are a few coping strategies:

Carefully review each doctor, lab or hospital bill and match it against the Explanation of Benefits statement that shows how much they were reimbursed by the insurance company. Also, watch for items that may have been charged to you by mistake such as:

- Medications, supplies, treatments or meals you didn't receive while hospitalized or getting an outpatient procedure.

- Duplicate charges for a single procedure (such as x-rays, MRIs and lab work), including those that had to be redone due to a technician's error.

- Charges for a full day's hospitalization when you checked out early; or private room rates when you shared a suite.

- The summary hospital bill you were sent probably doesn't contain many details, so ask for an itemized bill along with a copy of your medical chart and a pharmacy ledger showing which drugs you were given during your stay.

- If you're having difficulty paying a medical bill, don't simply ignore it. Like any creditor, doctors and hospitals often turn unpaid bills over to collection agencies, which will



wreak havoc with your credit score. Contact creditors as soon as possible, explain your situation and ask them to set up an installment payment plan or work out a reduced rate.

- Many people with no insurance discover that they're often charged much higher rates than those negotiated by insurance companies, Medicare and

Medicaid. Don't be afraid to ask for those lower rates and to work out a repayment plan – just be sure to get the agreement in writing. Most doctors and hospitals would rather accept reduced payments than have to deal with collection agencies and possibly no reimbursement at all.

- Ask the hospital's patient liaison to review your case and see whether you qualify for financial assistance from the government, a charitable organization or the hospital itself. Most will forgive some or all bills for people whose income falls below certain amounts tied to federal poverty levels. Also pursue this avenue with your doctor or other provider – ideally before they've begun collections.

A few additional cost-savings tips:

- Ask whether your employer offers flexible spending accounts, which let you pay for eligible out-of-pocket health care and/or dependent care expenses on a pre-tax basis.

- Use online price-comparison services like Healthcare Blue Book and OutofPocket.com to research going rates for a variety of medical services.

Unless it's a true emergency, try to avoid emergency rooms and use an urgent care network facility affiliated with your insurance company or ask your doctor for recommendations.

Bottom line: Know what health services cost and don't be afraid to negotiate. You'll haggle over the price of a car – why not your health?

Jason Alderman directs Visa's financial education programs. To Follow Jason Alderman on Twitter: [www.twitter.com/PracticalMoney](http://www.twitter.com/PracticalMoney). •

God has cared for these trees, saved them from drought, disease, avalanches, and a thousand tempests and floods. But he cannot save them from fools.

John Muir



# PETSPETS Pets PETSPETS

## Pets Without Partners



Mini

Adopt a "pet without a partner" and give a homeless pet a second chance in life.

**Mini** is as cute as a button and so very sweet. She was on her way to the shelter when a Good Samaritan stepped in and took in five dogs to keep them out of the shelter. Mini is a true mix, as we have no idea what her breed is. She was born around April 22, 2012 and weighed 6.5 pounds as of July 7. In her foster home, she has begun her potty training skills, is mingling with the other doggies there and is learning to use the pet door. She is wonderful with all other dogs and is now looking for a home of her own. Mini will be spayed soon, is current on vaccinations, de-wormed, microchipped, good with other dogs and good with mature children.

This little bundle of joy was abandoned when his former owners were evicted and simply left him behind in the yard. He was rescued by the neighbor who brought him to



Hurricane Harry

us. We named him **Hurricane Harry**. He is a Yorkie and a Poodle mix, which makes him a Yorkie-Poo. He is about 12 months old, is full grown and weighs six pounds. He is a very sweet and happy little guy. He came in with his yard mate Mustang Sally, who is also available for adoption. Hurricane Harry is neutered, current on vaccinations, de-wormed, microchipped, good with other dogs and good with children.



Mustang Sally

**Mustang Sally** is the sweetest little angel, a brilliant little dog and weighs all of four pounds. She is playful with people, other dogs, cat-safe, good with kids, and an all-around very well-balanced dog. Since she is so small, we are looking for a home with children over the age of six for her safety. Sally is inquisitive, lovable, gentle and kind. She loves other dogs--so if you have one, that would be wonderful for her. Mustang Sally is spayed, current on vaccinations, de-wormed, microchipped, good with other dogs and good with children.

To learn more about these and other wonderful dogs, visit our website at [www.animalsrule.org](http://www.animalsrule.org). If a dog is on our website, it's available. Or come to our Saturday adoption events from 11 a.m. to 3 p.m. at 305 North Harbor Boulevard in San Pedro (just off the 110 near the cruise port). We are always in need of donations for veterinarian bills and our senior dogs. Donations can be made through our website or by sending a check payable to: Animals Rule Placement Foundation at 305 North Harbor Blvd., San Pedro, CA 90731. All donations are tax-deductible. We are a registered 501©3 non-profit organization.

Saving one animal won't change the world, but the world will surely change for that animal.

## Purrrfect Companions

Discover summer love when you adopt your purr-fect partner.

At four weeks old, **Anastasia, Hera** and **Peanut** were rescued out of a shelter, so the siblings are massively people-oriented and love to snuggle! They all love dogs and are even used to the rambunctious antics of a puppy.

Anastasia is an ebony princess with a penchant for cuddling. Her favorite place in the world is on your lap being petted. She is very affectionate and always wants to be with you. Her coat is a rich mixture of gleaming dark tones that reveal themselves when the sun shines down upon her fur through the windows. Her eyes shine with hints of amber rather than a true yellow. Anastasia is always looking around with wide eyes, taking in everything around her with a calm confidence.

Don't let Hera's comical expressions fool you. This funny little duckling is actually a gorgeous swan in the making. Her fluffy baby fur hides the elegant, flowing lines of her silken Russian Blue coat. She isn't just



Anastasia

tax-deductible donations for the rescue and care of our cats and kittens can be made through our website or by sending a check payable to Kitten Rescue, 914 Westwood Boulevard, #583, Los Angeles, CA 90024.

On Saturdays, we have adoptions from noon to 3:30 p.m. in Westchester at 8655 Lincoln Boulevard, just south of Manchester Avenue, and also in Mar Vista at 3860 Centinela Avenue, just south of Venice Boulevard. Our website lists additional adoption sites and directions to each location.

Be kind. Save a life. Support animal rescue. •



Hera

looks either--this baby girl has the sweetest disposition ever. Super affectionate, Hera loves everything and everyone. She is very outgoing and curious about everything around her.

Peanut is the only boy in the group, making him the oddball out. This handsome fellow is super outgoing and very playful. He is always on the move, checking everything out and pouncing on his siblings. His markings are incredibly striking and Peanut has an adorable purr to match.

These kittens/cats are available for adoption through Kitten Rescue, one of the largest cat rescue groups in Southern California. All of our kitties are spayed/neutered, microchipped, tested for FeLV and FIV, de-wormed and current on their vaccinations. For additional information and to see our other kitties, please check our website at [www.kittenrescue.org](http://www.kittenrescue.org), or email us at [mail@kittenrescue.org](mailto:mail@kittenrescue.org). Your



Peanut

## Happy Tails



### Easy Like Sunday Morning

**Easy** is a sweet guy--too sweet to be wandering the streets alone. Still, he was never claimed and now has moved on to a family who will hold him tightly and love him forever...

"Easy is a great dog! I can't imagine that someone isn't heartbroken to have lost him. He has obviously had some training. He is very well-behaved. He responds to a firm no. I got some real pleasant surprises. He is housebroken. The only time he ever urinated inside was when I put him in the crate. He also barks nonstop when he is in the crate. So I took a chance and let him have free reign of the house when we were gone. He has not had even one accident. He sleeps with me every night and no accidents.

Easy and the cat are doing fine. The cat has no fear of Easy now and if Easy becomes

overbearing with her, she gives him a swipe. Also, I stay on him when he gets a little too overbearing with the cat and again he responds well to a firm no. He is a chewer. He would prefer to chew on my arms than his chew toys. I don't mind even though he is a bit rough and marks my skin. He is so much fun.

I am so lucky to get such a good boy. He follows me around everywhere I go and as soon as I wake up in the morning, he is happy, wagging his tail and ready to play. This truly is a success story. I am very lucky to have gotten such a good boy. Thank you all very much..."—Jami.

When you adopt a "pet without a partner," you will forever make a difference in their life and they are sure to make a difference in yours. •



# Politically Speaking

## One Man's Opinion

By Gerry Chong

A couple of weeks ago, I had settled in to write my column with my hands around a mug of morning coffee and the neighborhood cat weaving his way around my legs. He is a regal animal who thinks he's a king, so I named him Juan Carlos, or "JC" for short. I figured that as long as he and I are going to have political discussions, he should be the king of a country we are racing to the bankruptcy finish line.

Looking down his regal nose, JC asked, "Now that Obamacare is constitutional, how is it progressing?" "Swimmingly," I said. "Just the way the President envisioned it. The Department of Health and Human Services had been given \$1 billion to implement the plan and has already spent all of it. HHS should be back at the trough soon, since the plan isn't close to being implemented."

Congressman Denny Rehberg (R-Montana) says bureaucrats are on schedule, having written 13,000 pages of regulations so far. But we shouldn't be discouraged by this slow pace, since only two years have passed since the passage of the law and Obamacare has included a five-year window for writing of regulations. We don't know how many pages of regulations HHS will ultimately produce, but it has to prove its worth the taxpayer money spent, so they'll fill a library with gibberish, I'm sure. Trust me when I say no one will know what the law says or how it will be implemented except for the 16,000 new IRS agents who will be knocking on your door to enforce it.

The Heritage Foundation says so far about 180 new health boards and commissions have been created and \$681 billion in state subsidies to create insurance exchanges has already been spent. As bureaucrats joyously chorus, "We've only just begun to live..." Yeah, yeah, yeah.

So, JC, in our race to the bankruptcy finish line, we are pouring on the coals, speeding to the finish. We got ya' beat, Pal. "Haruumpph," said the cat, "Not fair. You don't have to deal with Germany, who keeps demanding we slow our spending."

"But hey," I said to the cat king, "we've got a lot more irons in the fire. For example, the Business Conference Board surveyed 800 business CEOs at the end of the first quarter of the year and 67 percent saw the economy positively. But thanks to our policies, only 17

percent viewed the economy positively this quarter. Moreover, only 20 percent expect things to improve over the next six months." So you see, Pal, we're rounding the back stretch, picking up speed.

Not impressed? How about this: In one month, from May to June, Black unemployment jumped from 13.6 percent to 14.4 percent. Among youths between 16 and 19, unemployment went from 36.5 percent to 39.3 percent. That ain't no small beans, Bro.

It took a lot of effort to destroy the Black community, but it doesn't matter. They'll vote Democratic regardless, so we can take them for granted.

Our women are leading the charge to bankruptcy. Under this Administration, there are 780,000 fewer women working than before. Can Spain match that?

To congratulate us on our progress, CNN said this economic report represents the weakest quarter in three years. The NBC/WSJ poll said the public disapproves of Obama's handling of the economy by 42-53; and the ABC/Washington Post poll agrees by 42-55. Spain had better speed up its decline if it's going to catch us.

When Barack Obama heard the economy had created only 80,000 jobs in June, he was jubilant, saying in Ohio, "We're making progress." You see, what BO didn't say is that in the same month, 85,000 people went on Social Security disability. So in that month alone, 5,000 more people went on the free-money dole than got jobs. Yahoo! We're racing at full steam, wind at our back...

And that's not a one-time thing. According to the Bureau of Labor Statistics, since June 2009, 2.6 million jobs were created but 7.1 million jobs were lost. Moreover, 3.1 million more were added to the disability rolls. That means Americans are apparently claiming permanent disability at a 19 percent faster rate than jobs created. And that ain't all, Magee... There are 275,000 more applicants for disability already in the queue. Soon, we will be a nation legally physically and mentally impaired and at the trough. So take that!

Juan Carlos, the cat, just shook his head and waved his white flag of surrender. "The U.S. is truly an exceptional country," he said. "When you set your mind to accomplishing something, you do it well. Even Spain cannot surpass you in the race to bankruptcy." •



## Political Penguin

By Duane Plank

Dog days of the political summer are upon us, so help me Hillary Clinton. She can't really be serious about running in 2016, can she? For the Presidency? Can just see it now: Sarah "Princess" Palin representing the Elephant Party and the very astute, very resume-ready Ms. Clinton somehow becoming the standard-bearer for the party on the left.

Course she is a brilliant politico--way smarter than her philandering ex-Prez hubby Slick Willie, according to people in the know who occasionally tell the truth when they are paid enough by allegedly unbiased networks. Ms. Clinton has been doing, from all accounts, a pretty darn good job as President Obama's right-hand...woman, handling the Secretary of State duties with a bulldog tenacity, even when she occasionally steps out with the boys and pops a brewski or two to let off a little steam.

Speaking of people in the know, the very handsome James Carville, who masterminded the shocking ascension to the Presidency of Slick Willie Clinton some 20-years ago, was trying to sell his latest book, chatting with the gals on the daytime staple, The View, when he took time out from self-promoting his latest penning to support Hillary in 2016. Said Carville, "I was for her in 2008, so obviously I hope that she runs in 2016." Carville went on to state the obvious--that he has never been a big supporter of the current POTUS. "I am not an Obama person. I am a Clinton person." Carville has also chided the POTUS and the President's lack of compassion, noting that he "warned Obama to stop boasting about his policies to middle-class voters and start showing that he 'feels their pain.'"

Be interesting to see Carville come out of political semi-retirement and mastermind the Hil Clinton campaign in a couple of years.

Speaking of "Princess Palin," which I try to do as often as possible, in case that you hadn't noticed, she pontificated recently that the presumed nominee for her party, the very pedestrian Mitt "The Glove" Romney, should perk up his bland sidestepping and, according to the Princess, "light his hair on fire." Or light someone's hair on fire. Paraphrasing the Princess, she said that "The Glove" needs to do something to energize the Republican faithful, noting that, according to the current media star and ex-Governor of the great wasteland of

Alaska, "this is the election of our lifetime."

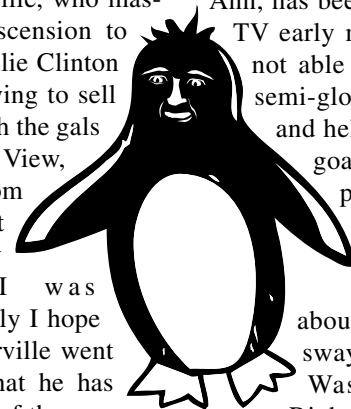
Well, the talking head Palin needs to fill time and space, obviously, but the upcoming election is just as important as any election. Could change the current course of the country, send it back leaning to the right, or rubber-stamp the current policies of President Obama and give him carte blanche as a lame duck, two-term Prez to really try to put his stamp on this country were he to be victorious in the general election that is slated to take place in less than four months.

So the pundits are punditing on who Romney may select as his Veep candidate. Long time ago, column readers who have been paying attention may have noticed that I promoted failed Elephant Party Prez candidate Michelle Bachmann as a possibility. And not cause she looks better in a skirt than Hillary Clinton. Which is just one man's opinion, BTW.

Woman and all that stuff. And now, the boss of the Romney family, the lovely Ann, has been making the rounds on the TV early morning shows, which I am not able to watch, getting up in the semi-gloaming to go to the day job, and help folks hit their weight loss goals, actually saying that the presumptive nominee may try to put a woman on the ticket.

Now, I have been doing this voting thing for about 30-plus years. Never was swayed by the Veep selection. Was too young to vote for Richard Millhouse Nixon back in the day when he kicked the butt of Hubert Horatio Humphrey back in the turbulent times of 1968, but don't think that if I was teeter-tottering on who to vote for that I would have been swayed by the buffoon Spiro Agnew, who was the unknown Governor of Maryland. Not sure why "Tricky Dick" Nixon selected Agnew--that didn't work out too well for the nattering nabobs of negativism, and Mr. Spiro was soon jettisoned prior to the abdication of the Presidential throne by the disgraced Nixon. Too many skeletons in the closet? So help me, JFK?

So gotta believe the Veep selection for Romney is not that big a deal to most voters, but is something for the pundits to focus on as we move closer to the real start of the Presidential campaign, which traditionally kicks off after the party conventions and the Labor day barbecues and blowouts that signal the end of summer. •



## Seniors

### Know Your Medicare Rights

By David Sayen

As a person with Medicare, you have certain rights and protections. And it's worth knowing what they are.

You have rights whether you're enrolled in Original Medicare – in which you can choose any doctor or hospital that accepts Medicare – or Medicare Advantage, in which you get care within a network of health care providers. Such networks are run by private companies approved by Medicare.

Your rights guarantee that you get the health services the law says you can get, protect you against unethical practices, and ensure the privacy of your personal and medical information. You have the right to be treated with dignity and respect at all times, and to be protected from discrimination.

You also have the right to get information in a way you understand from Medicare, your health care providers, and, under certain cir-

cumstances, Medicare contractors. This includes information about what Medicare covers, what it pays, how much you have to pay, and how to file a complaint or appeal. Moreover, you're entitled to learn about your treatment choices in clear language that you can understand, and to participate in treatment decisions.

One very important right is to get emergency care when and where you need it -- anywhere in the United States.

If you have Medicare Advantage, your plan materials describe how to get emergency care. You don't need permission from your primary-care doctor (the doctor you see first for health problems) before you get emergency care. If you're admitted to the hospital, you, a family member, or your primary-care doctor should contact your plan as soon as possible. If you get emergency care, you'll have to pay your regular share of the cost, or copayment. Then

See Seniors, page 8



The to-do list in Beth Hoyme's purse will never get done because a drunk driver convinced his friends he'd be fine.

**Friends Don't Let Friends Drive Drunk.**

Photo by Michael Mazzone

U.S. Department of Transportation





# The Wheel Deal

## The Scott Robinson Family of Dealerships Announces the Ownership of their Latest Dealership: Chrysler Dodge Jeep Ram In Torrance

The Grand Opening event is tonight

Jeff Robinson, of Scott Robinson Honda, is excited to confirm, Chrysler Dodge Jeep Ram, formerly South Bay Chrysler Jeep Dodge Ram, is the newest addition to the Scott Robinson family of dealerships. The grand opening event of this latest dealership is set for today from 6-8pm.

"We are so pleased to be the new faces of Chrysler Dodge Jeep Ram in the South Bay," said Jeff Robinson, President of the company. Adding, "This newest addition to the Scott Robinson family of dealerships is an exciting new chapter for us and we cannot wait to start providing car shoppers in the Long Beach, South Bay and Los Angeles areas with the Chrysler, Dodge, Jeep or Ram of their dreams."

In 1961, Scott Robinson decided to open the first automobile dealership on Hawthorne Blvd. The name of the store was Scott Rob-

inson Pontiac. Scott Robinson was a simple man whose main goal in life was to provide for his family. Scott had worked for General Motors since the late 1940's and found an opportunity to relocate his family to the South Bay. Torrance was a rapidly growing city in the early 1960's and Hawthorne Blvd. was ready for development.

Scott and his son Don opened their doors with just 15 employees. Don Robinson learned from his father that a strong work ethic, positive attitude and treating employees and customers with respect would result in a successful business. That has proven to be true.

In 1970 American Honda Motor Company began to introduce their automobiles to the West Coast U.S. market. It was a time of high gasoline prices and predominantly 8 cylinder engines.

When Scott and Don were offered the op-

portunity to retail Honda automobiles they enthusiastically agreed. Due to the overwhelming success of Honda, the Pontiac franchise was dropped in 1978. Scott Robinson Honda would now take center stage as the auto industry began to transform.

Following the example set by his father and grandfather, Jeff Robinson joined the dealership team in 1988. Jeff had graduated from USC with a degree in business/entrepreneurship. Today, Jeff is the President of the company.

The Scott Robinson name has established itself as an essential part of the community, and has received industry wide recognition for its commitment to Green practices.

Scott Robinson Honda has served the Long Beach, South Bay and Los Angeles areas since 1961, developing its unique reputation for providing car shoppers with outstanding

value, honest service, and diverse inventory.

Scott Robinson Chrysler Dodge Jeep Ram is excited to further develop the Scott Robinson name in the South Bay and Los Angeles areas and to stamp themselves further as an integral part of the community. Scott Robinson strives to provide a large inventory with the best prices on your choice of cars, trucks and SUVs.

Scott Robinson Chrysler Dodge Jeep Ram is your source for a great selection of new and used vehicles. The quality of service that the Scott Robinson name encompasses separates it from other dealers throughout California.

Scott Robinson Chrysler Dodge Jeep Ram is located at 20900 Hawthorne Blvd. in Torrance, CA.

Don't forget to become a fan of Scott Robinson Chrysler Dodge Jeep Ram on Facebook ([www.facebook.com/ScottRobinsonChryslerDodgeJeepRam](http://www.facebook.com/ScottRobinsonChryslerDodgeJeepRam)) •

## Ask George

### Expert Answers to Common DMV Questions

By George Valverde - Director, California Department of Motor Vehicles

Do you have questions about general driving related requirements like registration and insurance? Are you unclear about laws and restrictions related to driving? The California Department of Motor Vehicles has answers. Save Time. Go Online at [www.DMV.ca.gov](http://www.DMV.ca.gov).

**Q: Are there any laws about fliers/ads placed on car windshields when cars are in parking lots? Is this a form of trespassing, or is it just annoying?**

A: There is not a state law that would consider it trespassing, but local ordinances that prohibit this activity have been put in place. However, an officer would need to see the culprit placing the flier or ad on a car in order to enforce it. These ordinances usually apply to commercial fliers on public streets, public parking lots and private parking lots open to the general public. For more information on the local ordinances in your place of business or residence contact your local authorities.

**Q: I renewed my registration online, but did not use the DMV website. I was charged an extra \$55 on top of my registration fees. What is the purpose of this extra fee?**

A: Since you used a website other than the DMV's, it was probably a private registration service, which charges an extra fee. There are companies that are legal and licensed by DMV to renew vehicle registrations, but charge an additional fee for convenience. Next time, save yourself that extra fee and renew your vehicle registration directly through [www.DMV.ca.gov](http://www.DMV.ca.gov), which is just as easy and convenient! Remember, Save Time. Go Online!

The DMV is a department under the Business, Transportation and Housing Agency, which is under the direction of Acting Undersecretary Traci Stevens. The DMV licenses drivers, maintains driving records, registers and tracks official ownership of vehicles and vessels, investigates auto and identity-related fraud, and licenses car dealers, driving schools, and traffic violator schools. For more information about the DMV, visit [www.DMV.ca.gov](http://www.DMV.ca.gov).

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### ACCORD TIRES

Dunlop 215/60/16 94H SP SPORT 7000 A/S

**\$383<sup>80</sup>** + tax and disposal fee

Includes 4 tires, Installation and Alignment test

OR \$95<sup>95</sup> each

P/N 42751-DUN-045

### PILOT TIRES

Goodyear 245/65/17 105T FORTERA HL EDITION

**\$639<sup>80</sup>** + tax and disposal fee

Includes 4 tires, Installation and Alignment test

OR \$159<sup>95</sup> each

P/N 42751-GYR-040

### ODYSSEY TIRES

Bridgestone 235/65/16 103T Insignia SE 200

**\$515<sup>80</sup>** + tax and disposal fee

Includes 4 tires, Installation and Alignment test

OR \$128<sup>95</sup> each

P/N 42751-BRI-651

### CIVIC TIRES

Dunlop 16/65/15 89H SP sport 5000 Symmetrical

**\$379<sup>80</sup>** + tax and disposal fee

Includes 4 tires, Installation and Alignment test

OR \$94<sup>95</sup> each

P/N 42751-DUN-038

### FREE ALIGNMENT CHECK

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### FREE BRAKE INSPECTION

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# FOOD & DINING

## Chimichurri Grilled Steak Salad

Chimichurri sauce is a zingy Argentine sauce made with garlic, parsley, vinegar and oil. Here chimichurri sauce doubles as marinade for flank steak and as salad dressing for this grilled steak salad recipe.

Servings: 4 servings

Total Time: 1 hour

Ease of Preparation: Easy

Health: Low Calorie, Low Carb, Low Sat Fat, Low Cholesterol, High Potassium, Heart Healthy, Healthy Weight, Diabetes Appropriate

Ingredients:

1 cup packed flat-leaf parsley leaves  
5 tablespoons extra-virgin olive oil, divided  
1/4 cup cup

1 small clove garlic, chopped

3/4 teaspoon salt, divided  
1 pound flank steak, trimmed  
2 hearts of romaine or 2 small heads  
1 large bell pepper, quartered  
1 small red onion, sliced, 1/2 inch thick  
Steps:  
1: Puree parsley, 1 tablespoon oil, vinegar, garlic and 1/4 teaspoon salt in a blender. Pat 1 tablespoon of the mixture on each side of steak. Put the steak on a plate, cover and refrigerate at least 1 hour and up to 24 hours. Add 3 tablespoons oil to the herb mixture remaining in the blender; pulse to blend. Transfer to a bowl, cover and refrigerate if not using right away.

2: Twenty minutes before you are ready to grill, preheat grill to medium-high.

3: Cut each heart (or head) of romaine in half lengthwise, leaving the root end intact. Brush lettuce, bell pepper and onion with the remaining 1 tablespoon oil. Sprinkle with 1/4 teaspoon salt. Sprinkle the steak with remaining 1/4 teaspoon salt. Let the dressing come to room temperature if necessary while you grill.

4: Take the steak, lettuce, bell pepper and onion out to the grill. Oil the grill rack (see Tip). Put everything on the grill, placing the steak on the hottest part. Grill the steak, turning once, until desired doneness, 6 to 8 minutes per side for medium. Grill the pepper and onion, turning occasionally, until

charred and tender, about 10 minutes total. Grill the lettuce, turning once, until lightly charred, about 2 minutes per side.

5: Let the steak rest on a clean cutting board for 5 minutes, then thinly slice against the grain. Chop the bell pepper and onion. Divide the lettuce, steak, pepper and onion among 4 plates. Drizzle with the reserved dressing.

Nutrition: (Per serving) Calories - 363 Carbohydrates - 9 Fat - 24 Saturated Fat - 5 Monounsaturated Fat - 16 Protein - 27 Cholesterol - 70 Dietary Fiber - 4 Po-

tassium - 864 Sodium - 518 Nutrition Bonus - Vitamin A (249% daily value), Vitamin C (130% dv), Folate (54% dv), Zinc (34% dv), Potassium (25% dv), Iron (23% dv)

Prepare through Step 1 up to 1 day ahead. Tip: Oiling a grill rack before you grill foods helps ensure that the food won't stick. Oil a folded paper towel, hold it with tongs and rub it over the rack. (Do not use cooking spray on a hot grill.) When grilling delicate foods like tofu and fish, it is helpful to coat the food with cooking spray.

By EatingWell, Courtesy of Arcamax.com •



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# Sports

## Joe's Sports

### Hawthorne Rolls Over King-Drew

By Joe Snyder

Hawthorne High's baseball team had a combined no-hitter by four different pitchers in a 12-0 shutout of King-Drew Medical Magnet High from South Los Angeles in a South Bay Summer Baseball League Division II game last Thursday at Hawthorne. The Cougars, who are 7-2 overall and 7-0 in league, scored in every inning except the bottom of the fifth in their easy win over the Golden Eagles.

Combining for the no-hitter were Steve Leyva, Moises Chavez, Jesus Sariano and Mark Lafoon. Chavez added a three-run home



Hawthorne batter Chris Robles makes contact with the ball in last Thursday's South Bay Summer Baseball League Division II game against King-Drew Medical Magnet High. The Cougars blanked the Golden Eagles 12-0. Hawthorne visits West Adams Prep today at 2 p.m. before starting the league playoffs next Wednesday. Photo by Joe Snyder.

run for Hawthorne. Leyva went two-for-two, including a single and double for two runs batted in. Two days earlier at Hawthorne, the Cougars also had very little trouble in defeating King-Drew 11-1.

In its final week of the regular season schedule, Hawthorne has two games against West Adams Prep. The Cougars hosted West Adams Prep on Tuesday and are at home today at 2 p.m.

Hawthorne begins the league playoffs next Wednesday at 2 p.m. with the championship next Thursday at 2 p.m. at a site to be determined.

#### Holly Park Splits in Sectionals

The District 37 champion Holly Park Junior Little League All-Star baseball team from Hawthorne rallied for a 3-2 win over Torrance Riviera in the first round of the California Section 4 Tournament on Saturday, but was thrown into the loser's bracket with a 13-6 loss to District 36 champion and

power Manhattan Beach on Sunday at North Venice Little League Field. Riviera took a 2-0 lead in the bottom of the fourth inning, but Holly Park responded with two runs to tie the game in the top of the fifth. The runs came home on a two-run single from Albert Robinson. In the sixth, Isaiah Flowers came home on a sacrifice fly hit by Dennis Jones.

Holly Park fought hard against powerful Manhattan Beach as it was tied in the top of the fifth inning, but Manhattan Beach came back with four runs in the bottom of the inning to take the lead for good. Flowers cut Manhattan's lead to 9-6 with a solo homer in the sixth, but Manhattan pulled away in the bottom of the inning.

Holly Park will attempt to stay alive as it faced host and District 25 champion North Venice last Monday. The championship was yesterday and, if necessary, today at 5:15 p.m.

Tri Park Tops Samo; Falls to Manhattan

The Tri Park Senior Little League All-Star baseball team started off well by defeating District 25 champion Santa Monica 7-3 in the first round of the California Section 4

Tournament on Saturday at Marine Park in Manhattan Beach. Last Sunday, Tri Park was pitted against District 36 champion and powerful Manhattan Beach and started off well with a 3-0 first inning lead. The game was still tied at three through five innings before a rash of walks aided Manhattan to a nine-run sixth inning to help it pull away for an easy 15-4 win. Tri Park's worn-down pitching allowed a total of 15 bases on balls, 12 of those in the last two innings.

In its win over Santa Monica, pitchers Dan Rocha (the starter and winner) and Dan Diaz combined for a six-hitter. Much of Tri Park's scoring was by walks, but Jose Hernandez had a run-scoring double and Roman Luna had two hits.

Tri Park was to face Santa Monica in a loser's bracket game on Monday with the winner playing for the championship on Wednesday. If Manhattan Beach loses, a second game will be played today at 6 p.m. •

## Seniors

from page 5

your plan will pay its share.

If your plan doesn't pay its share, you have the right to appeal.

In fact, whenever a claim is filed for your care, you'll get a notice from Medicare or your Medicare Advantage plan letting you know what will and won't be covered. If you disagree with the decision, you have the right to appeal.

For more information on appeals, you can read our booklet "Medicare Appeals," available at [www.medicare.gov/Publications](http://www.medicare.gov/Publications). Or call us, toll free, at 1-800-MEDICARE.

You can also file a complaint about services you got from a hospital or other provider. If you're concerned about the quality of the care you're getting, call the Quality Improvement Organization (QIO) in your state to file a complaint. A QIO is a group of doctors and other health care experts who check on and improve the care given to people with Medicare. You can get your QIO's phone number at [www.medicare.gov/contacts](http://www.medicare.gov/contacts) or by calling

1-800-MEDICARE.

Many people with Original Medicare also enroll in Medicare prescription drug plans. Here, too, you have certain rights.

For example, if your pharmacist tells you that your drug plan won't cover a drug you think should be covered, or it will cover the drug at a higher cost than you think you're required to pay, you can request a coverage determination.

If the decision isn't in your favor, you can appeal. You can ask for an exception if you, your doctor, or your pharmacist believe you need a drug that isn't on your drug plan's list of covered medications, also known as a formulary.

You don't need a lawyer to appeal in most cases, and filing an appeal is free. You won't be penalized in any way for challenging a decision by Medicare or your health or drug plan. And many people who file appeals wind up with a favorable outcome. •

## Adam Pro Sports

### The Dwight Fright

By Adam Serrao

Many big-name free agent pieces have fallen into place around the NBA within the last two weeks, but there still remains one player who has the ability to change a team's fortunes overnight. Dwight Howard has been one of the top five players in the league, but during his stay with the Magic consistently stood firm on his demand to be traded to a different team. Possibly the best center in the league, Howard has been the most sought after big man in the NBA since Shaquille O'Neal was past his prime. Many questions loom, however, especially after Howard's season ended prematurely last year due to back surgery to repair a herniated disk. With all of the drama hanging above Howard's massive shoulders, the question remains: Is he worth the risk?

If you've been reading the sports headlines lately and all you've been seeing is Howard's name painted across the page demanding a trade, don't think that it's the first time. Howard fell out of love with the team that he became a perennial all-star for as early as last season and began demanding a trade then. Obviously, Howard's wish wasn't magically granted right away and naturally both the head coach and general manager of the Magic last year were terminated. Was it to please Dwight and try to convince him to stay? Everyone involved with the situation will tell you no, but Howard had an extremely rocky relationship, to say the least, with head coach Stan Van Gundy and never could convince GM of the past Otis Smith to acquire the necessary pieces to help Dwight and his team reach the ultimate goal of becoming NBA champions.

For some reason, late last year Howard picked up his player option to stay with the Magic. It put him under contract with the team for another season, nullifying his ability to become a free agent and to choose to become a part of any team that he so pleased. Well, the Magic still don't have a new head coach and still don't have Howard on their side. Even when new GM Rob Hennigan called Howard two weeks ago, pleading with the all-star center to stay with the team and vowing to bring in the pieces necessary to compete at a championship level, all Howard had to say was, "I already heard that from the other guy on the phone," referring to the previous GM Smith, all but throwing Hennigan's words right back in his face and holding on tight to his demands to be traded.

Ideally, Howard would have liked to be traded to the Brooklyn Nets. As unwilling as Howard was to stay in Orlando, however, the Magic were just as unwilling to come to terms on a deal to trade him to Brooklyn--and the negotiations soon fell short as the talks then ended between the two teams. Orlando either wants a top 20 player in the league in exchange for Howard, or they want a multitude of draft picks and the ability to trade away expiring contracts on the team (such as Glen Davis, Jason Richardson, Chris

Duhon and Hedo Turkoglu) so that they can clear their books and begin rebuilding the team for life after Dwight. Unfortunately for the Nets, they didn't have that kind of talent under contract and were also unwilling to take on those expiring contracts. Attempts to get third and fourth teams involved in the trade became too complicated. The Nets felt they were waiting too long for an answer from Orlando and they eventually re-signed their center from last year (Brook Lopez). in turn giving up on their pursuit of Howard-ness.

Lakers' fans are incredibly adamant about the fact that Dwight Howard would come in and play alongside Kobe Bryant and the newly acquired Steve Nash and immediately help the team. Not so fast. Howard already discussed his displeasure with the idea of joining the Lakers to make a championship run, saying he didn't want to play alongside Kobe because he wants the opportunity to be the number one option on the team. Not only does it sound like Howard doesn't want a championship, but it also sounds like he's being incredibly greedy and wants to hog all of the limelight. Since Howard has been under contract with the Magic, they have been allowed to do as they please and trade him to any team in the league. That's where the tricky part comes into play. Howard has openly expressed his wish to be traded to the Brooklyn Nets and only the Brooklyn Nets. Should any other team acquire his services, that team will basically be getting Howard on a one-year loan before his contract expires and he is free to sign wherever he would like. All that the Lakers (in addition to giving up Andrew Bynum) would do is give Howard the opportunity to leave L.A. after only one season with the club. If that happens, the Lakers would then be without Howard and Bynum, leaving the team void of a center for the 2013-'14 season and beyond.

With all of the drama surrounding Dwight Howard, his ability to rebound from back surgery still pending, his open unwillingness to not want to be a part of the Lakers organization--not to mention his horrible percentage from the free throw line prohibiting him from being a clutch player down the stretch of any game--it is questionable as to why any Laker fan would choose him over an up-and-coming center like Bynum to be a part of the team. Sure, Bynum has had his problems too, but with a true point guard for the first time in nearly 16 seasons it should be interesting to see what two seven-footers can do down low while simultaneously allowing Kobe to take back his natural position of shooting guard in the process. Besides, both the Magic and the Lakers may have bigger problems now. With Howard and Bynum's names being bandied about in trade rumors so much lately, it would not be surprising to see both players show the same lack of loyalty back to their respective teams after their contracts are up at the end of the season. Imagine both the Lakers and the Magic without an all-star center in their lineups after next season. •



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# PUBLIC NOTICES

**NOTICE OF TRUSTEE'S SALE** TS No. CA-09-261301-ED Order No.: 090190167-CA-DCI YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 7/17/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. **BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE.** Trustor(s): ROSCOE WALLS III, A MARRIED MAN AS HIS SOLE AND SEPARATE PROPERTY Recorded: 7/27/2007 as Instrument No. 20071777018 of Official Records in the office of the Recorder of LOS ANGELES County, California; Date of Sale: 7/30/2012 at 11:00 AM Place of Sale: By the fountain located at 400 Civic Center Plaza, Pomona, CA 91766 Amount of unpaid balance and other charges: \$1,152,319.31 The purported property address is: 543 SAINT JOHN PLACE, INGLEWOOD, CA 90301 Assessor's Parcel No. 4015-031-030 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. **NOTICE TO PROPERTY**

**OWNER:** The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 714-730-2727 for information regarding the trustee's sale or visit this Internet Web site <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-09-261301-ED. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney. Date: -- Quality Loan Service Corporation 2141 5th Avenue San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 714-730-2727 Or Login to: <http://www.qualityloan.com> Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. **THIS NOTICE IS SENT FOR THE PURPOSE OF COLLECTING A DEBT. THIS FIRM IS ATTEMPTING TO COLLECT A DEBT ON BEHALF OF THE HOLDER AND OWNER OF THE NOTE. ANY INFORMATION OBTAINED BY OR PROVIDED TO THIS FIRM OR THE CREDITOR WILL BE USED FOR THAT PURPOSE.** As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. A-4265819 07/05/2012, 07/12/2012, 07/19/2012

Inglewood News: 7/5, 7/12, 7/19/2012  
HI-23399

**NOTICE OF TRUSTEE'S SALE** T.S No. 1122275-11 APN: 4002-029-016 TRA: 04569 LOAN NO: Xxxx4546 REF: Mgcough, Natasha IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED December 14, 2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On July 25, 2012, at 9:00am, Cal-Western Reconveyance Corporation, as duly appointed trustee under and pursuant to Deed of Trust recorded December 27, 2005, as Inst. No. 05 3178228 in book XX, page XX of Official Records in the office of the County Recorder of Los Angeles County, State of California, executed by Natasha Mgcough, A Single Woman, will sell at public auction to highest bidder for cash, cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank Behind the fountain located in civic center plaza, 400 civic Center Plaza Pomona, California, all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: **Completely described in said deed of trust** The street address and other common designation, if any, of the real property described above is purported to be: 115 E Fairview Blvd Inglewood CA 90302 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$694,063.50. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed

and delivered to the undersigned a written declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. **NOTICE TO POTENTIAL BIDDERS:** If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. **NOTICE TO PROPERTY OWNER:** The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (619)590-1221 or visit the internet website [www.rpsales.com](http://www.rpsales.com), using the file number assigned to this case **1122275-11**. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web Site. The best way to verify postponement information is to attend the scheduled sale. For sales information: (619)590-1221. Cal-Western Reconveyance Corporation, 525 East Main Street, P.O. Box 22004, El Cajon, CA 92022-9004 Dated: June 22, 2012. (R-413622 07/05/12, 07/12/12, 07/19/12) Inglewood News: 7/5, 7/12, 7/19/2012

HI-23398

**NOTICE OF TRUSTEE'S SALE** TS No. CA-12-502489-CT Order No.: 1132516 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 3/9/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. **BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE.** Trustor(s): ANTONIO LUNA AND LOURDES LUNA, HUSBAND AND WIFE AS JOINT TENANTS Recorded: 3/23/2006 as Instrument No. 06 0621596 of Official Records in the office of the Recorder of LOS ANGELES County, California; Date of Sale: 8/2/2012 at 9:00 AM Place of Sale: Behind the fountain located in Civic Center Plaza, 400 Civic Center Plaza, Pomona CA 91766 Amount of unpaid balance and other charges: \$509,498.42 The purported property address is: 4172 -4172 1/2 W 165TH STREET, LAWDALE, CA 90260-2941 Assessor's Parcel No. 4075-001-018 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. **NOTICE TO PROPERTY OWNER:** The sale date shown on this

**NOTICE OF TRUSTEE'S SALE** TS No. 10-0107424 Doc ID #0001645481032005N Title Order No. 10-8-411213 Investor/ Insurer No. 00164548103 APN No. 4080-017-015 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 12/20/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Notice is hereby given that RECONTRUST COMPANY, N.A., as duly appointed trustee pursuant to the Deed of Trust executed by FRANCO MIRANDA AND SYLVIA ELIZABETH MIRANDA, MARRIED, dated 12/20/2006 and recorded 12/29/2006, as Instrument No. 06 2896606, in Book , Page , of Official Records in the office of the County Recorder of Los Angeles County, State of California, will sell on 08/09/2012 at 9:00AM, Doubletree Hotel Los Angeles-Norwalk, 13111 Sycamore Drive, Norwalk, CA 90650, Vineyard Ballroom at public auction, to the highest bidder for cash or check as described below, payable in full at time of sale, all right, title, and interest conveyed to and now held by it under said Deed of Trust, in the property situated in said County and State and as more fully described in the above referenced Deed of Trust. The street address and other common designation, if any, of the real property described above is purported to be: 4562 W 165TH STREET, LAWDALE, CA, 90260. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. The total amount of the unpaid balance with interest thereon of the obligation secured by the property to be sold plus reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$504,638.85. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. In addition to cash, the Trustee will accept cashier's checks drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state. Said sale will be made, in an "AS IS" condition, but without covenant or warranty, express or implied, regarding title, possession or encumbrances, to satisfy the indebtedness secured by said Deed of Trust, advances thereunder, with interest as provided, and the unpaid principal of the Note secured by said Deed of Trust with interest thereon as provided in said Note, plus fees, charges and expenses of the Trustee and of the trusts

notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 714-573-1965 for information regarding the trustee's sale or visit this Internet Web site <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-12-502489-CT. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney. Date: Quality Loan Service Corporation 2141 5th Avenue San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 714-573-1965 Or Login to: <http://www.qualityloan.com> Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. **THIS NOTICE IS SENT FOR THE PURPOSE OF COLLECTING A DEBT. THIS FIRM IS ATTEMPTING TO COLLECT A DEBT ON BEHALF OF THE HOLDER AND OWNER OF THE NOTE. ANY INFORMATION OBTAINED BY OR PROVIDED TO THIS FIRM OR THE CREDITOR WILL BE USED FOR THAT PURPOSE.** As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. TS No.: CA-12-502489-CT IDSPub #0031299 7/12/2012 7/19/2012 7/26/2012 Lawndale Tribune: 7/12, 7/19, 7/26/2012  
HL-23410

created by said Deed of Trust. If required by the provisions of section 2923.5 of the California Civil Code, the declaration from the mortgagee, beneficiary or authorized agent is attached to the Notice of Trustee's Sale duly recorded with the appropriate County Recorder's Office. **NOTICE TO POTENTIAL BIDDERS** If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on a property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the lender may hold more than one mortgage or deed of trust on the property. **NOTICE TO PROPERTY OWNER** The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 1-800-281-8219 or visit this Internet Web site [www.recontrustco.com](http://www.recontrustco.com), using the file number assigned to this case TS No. 10-0107424. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. RECONTRUST COMPANY, N.A. 1800 Tapo Canyon Rd., CA6-914-01-94 SIMI VALLEY, CA 93063 Phone: (800) 281 8219, Sale Information (626) 927-4399 By: Trustee's Sale Officer RECONTRUST COMPANY, N.A. is a debt collector attempting to collect a debt. Any information obtained will be used for that purpose. A-4268616 07/12/2012, 07/19/2012, 07/26/2012 Lawndale Tribune: 7/12, 7/19, 7/26/2012  
HL-23412

**NOTICE OF PETITION TO ADMINISTER ESTATE OF:**  
**LINDA L. PHILLIPS AKA LINDA LOU PHILLIPS**  
**CASE NO. BP135084**  
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of LINDA L. PHILLIPS AKA LINDA LOU PHILLIPS.  
A PETITION FOR PROBATE has been filed by EMILY LEWIS in the Superior Court of California, County of LOS ANGELES.  
THE PETITION FOR PROBATE requests that EMILY LEWIS be appointed as personal representative to administer the estate of the decedent.  
THE PETITION requests the decedent's WILL and codicils, if any, be admitted to probate. The WILL and any codicils are available for examination in the file kept by the court.  
THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant

the authority.  
A HEARING on the petition will be held in this court as follows: 08/06/12 at 8:30AM in Dept. 9 located at 111 N. HILL ST., LOS ANGELES, CA 90012  
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.  
IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Probate Code section 9100. The time for filing claims will not expire before four months from the hearing date noticed above.  
YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code Section 1250. A Request for Special Notice form is available from the court clerk.  
Attorney for Petitioner  
JOSEPH P. FERRY - SBN 110586  
1348 10TH STREET  
SANTA MONICA CA 90401  
7/12, 7/19, 7/26/12  
CNS-2344986#  
Inglewood News: 7/12, 7/19, 7/26/2012  
HL-23408

**NOTICE OF TRUSTEE'S SALE** T.S No. 1184857-02 APN: 4032-013-026 TRA: 004564 LOAN NO: Xxxxxx6151 REF: Peters, Joseph O IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED March 30, 2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On August 09, 2012, at 9:00am, Cal-Western Reconveyance Corporation, as duly appointed trustee under and pursuant to Deed of Trust recorded April 06, 2005, as Inst. No. 05 0792314 in book XX, page XX of Official Records in the office of the County Recorder of Los Angeles County, State of California, executed by Joseph orin Peters A Married Man, will sell at public auction to highest bidder for cash, cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank Doubletree hotel los angeles-norwalk, 13111 sycamore drive Vineyard Ballroom Norwalk, California, all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: **Completely described in said deed of trust** The street address and other common designation, if any, of the real property described above is purported to be: 3628 W 105th St Inglewood CA 90303 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$430,108.69. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed

and delivered to the undersigned a written declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. **NOTICE TO POTENTIAL BIDDERS:** If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. **NOTICE TO PROPERTY OWNER:** The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (800)280-2832 or visit the Internet Web Site, [www.auction.com](http://www.auction.com), using the file number assigned to this case **1184857-02**. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web Site. The best way to verify postponement information is to attend the scheduled sale. **FOR SALES INFORMATION: (800)280-2832** Cal-Western Reconveyance Corporation, 525 East Main Street, P.O. Box 22004, El Cajon, CA 92022-9004 Dated: July 09, 2012. (R-414622 07/19/12, 07/26/12, 08/02/12, ) Inglewood News: 7/19, 7/26, 8/2/2012  
HI-23414

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PUBLIC NOTICES

APN: 4081-033-021 TS No: CA09002793-11-2 TO No: 5703218 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED September 2, 2004. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On August 1, 2012 at 09:00AM, behind the fountain located in Civic Center Plaza, 400 Civic Center Plaza, Pomona, CA, MTC FINANCIAL, INC. dba TRUSTEE CORPS, as the duly Appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded on September 21, 2004 as Instrument No. 04 2420762 of official records in the Office of the Recorder of Los Angeles County, California, executed by ANTHONY REDON, MARRIED, AS HIS SOLE AND SEPARATE PROPERTY, as Trustor(s), in favor of CHASE MANHATTAN MORTGAGE CORPORATION as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, in lawful money of the United States, all payable at the time of sale, that certain property situated in said County, California describing the land therein as: AS MORE FULLY DESCRIBED IN SAID DEED OF TRUST. The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 4443 W 167TH ST, LAWNDALE, CA 90260. The undersigned Trustee disclaims any liability for any inaccuracy of the street address and other common designation, if any, shown herein. Said sale will be made without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the Note(s) secured by said Deed of Trust, with interest thereon, as provided in said Note(s), advances if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligations secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of this Notice of Trustee's Sale is estimated to be \$310,809.76 (Estimated), provided, however, prepayment premiums, accrued interest and advances will increase this figure prior to sale. Beneficiary's bid at said sale may include all or part of said amount. In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the California Financial Code and authorized to do business in California, or other such funds as may be acceptable to the Trustee. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed Upon Sale until

funds become available to the payee or endorsee as a matter of right. The property offered for sale excludes all funds held on account by the property receiver, if applicable. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. DATE: June 26, 2012 TRUSTEE CORPS TS No. CA09002793-11-2 17100 Gillette Ave, Irvine, CA 92614 949-252-8300 Rowena Paz, Authorized Signatory SALE INFORMATION CAN BE OBTAINED ON LINE AT www.priorityposting.com AUTOMATED SALES INFORMATION PLEASE CALL 714-573-1965 TRUSTEE CORPS MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE. Notice to Potential Bidders If you are considering bidding on this property, you should understand that there are risks involved in bidding at a Trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a Trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. Notice to Property Owner The sale date shown on this Notice of Sale may be postponed one or more times by the Mortgage, Beneficiary, Trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about Trustee Sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call telephone number for information regarding the Trustee's Sale or visit the Internet Web site addressing the previous page for information regarding the sale of this property, using the file number assigned to this case, CA09002793-11-2. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. P96202575, 7/12, 07/19/2012 Lawndale Tribune: 7/5, 7/12, 7/19/2012

NOTICE OF TRUSTEE'S SALE Trustee Sale No. 126685-11 Loan No. 0216887 Title Order No. 5906745 APN 4078-001-029 TRA No.: YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 05/26/06. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On August 2, 2012 at 11:00 AM, MORTGAGE LENDER SERVICES, INC. as the duly appointed Trustee under and pursuant to Deed of Trust Recorded on 06/02/06 as Document No. 06 1213880 of official records in the Office of the Recorder of LOS ANGELES County, California, executed by: STACIE A. EHLERS, ALEJANDRO C PLASCENCIA, as Trustor, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state), INSIDE THE LOBBY OF THE BUILDING LOCATED AT 628 NORTH DIAMOND BAR BLVD., SUITE B, DIAMOND BAR, CA, all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, California describing the land therein: AS MORE FULLY DESCRIBED IN SAID DEED OF TRUST. The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 4727 W 147TH ST #113, LAWNDALE, CA 90260. The undersigned Trustee disclaims any liability for any inaccuracy of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$325,518.36 (Estimated). Accrued interest and additional advances, if any, will increase this figure prior to sale. The beneficiary may elect to bid less than the full credit bid. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell.

The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recording. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgage, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (916) 939-0772 or visit this Internet Web site www.nationwideposting.com using the file number assigned to this case: 126685-11. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 07/08/12 MORTGAGE LENDER SERVICES, INC. 81 BLUE RAVINE ROAD, SUITE 100, FOLSOM, CA 95630, (916) 962-3453 Sale Information Line: (916) 939-0772 or www.nationwideposting.com Tara Campbell, Trustee Sale Officer MORTGAGE LENDER SERVICES, INC. MAY BE A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. NPP0204453 PUB: 07/12/12, 07/19/12, 07/26/12 Lawndale Tribune: 7/12, 7/19, 7/26/2012

NOTICE OF TRUSTEE'S SALE TS No. 12-0025804 Doc ID #0008524757692005N Title Order No. 12-0043278 Investor/Insur No. 171086113 APN No. 4077-024-026 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 10/22/2009. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Notice is hereby given that RECONTRUST COMPANY, N.A., as duly appointed trustee pursuant to the Deed of Trust executed by JOSE R HERNANDEZ AND MARISOL HERNANDEZ, HUSBAND AND WIFE, dated 10/22/2009 and recorded 11/25/2009, as Instrument No. 20091791038, in Book , Page , of Official Records in the office of the County Recorder of Los Angeles County, State of California, will sell on 08/02/2012 at 9:00AM, Doubletree Hotel Los Angeles-Norwalk, 13111 Sycamore Drive, Norwalk, CA 90650, Vineyard Ballroom at public auction, to the highest bidder for cash or check as described below, payable in full at time of sale, all right, title, and interest conveyed to and now held by it under said Deed of Trust, in the property situated in said County and State and as more fully described in the above referenced Deed of Trust. The street address and other common designation, if any, of the real property described above is purported to be: 4148 WEST 149TH STREET, LAWNDALE, CA, 90260. The undersigned Trustee disclaims any liability for any inaccuracy of the street address and other common designation, if any, shown herein. The total amount of the unpaid balance with interest thereon of the obligation secured by the property to be sold plus reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$319,443.44. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. In addition to cash, the Trustee will accept cashier's checks drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state. Said sale will be made, in an "AS IS" condition, but without covenant or warranty, express or implied, regarding title, possession or encumbrances, to satisfy the indebtedness secured by said Deed of Trust, advances thereunder, with interest as provided, and the unpaid principal of the Note secured by said Deed of Trust with interest thereon as provided in said Note, plus fees,

charges and expenses of the Trustee and of the trusts created by said Deed of Trust. If required by the provisions of section 2923.5 of the California Civil Code, the declaration from the mortgagee, beneficiary or authorized agent is attached to the Notice of Trustee's Sale duly recorded with the appropriate County Recorder's Office. NOTICE TO POTENTIAL BIDDERS If you are considering bidding on this property, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on a property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER The sale date shown on this notice of sale may be postponed one or more times by the mortgage, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 1-800-281-8219 or visit this Internet Web site www.recontrustco.com, using the file number assigned to this case TS No. 12.0025804. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. RECONTRUST COMPANY, N.A. 1800 Tapo Canyon Rd., CA-914-01-94 SIMI VALLEY, CA 93063 Phone: (800) 281-8219, Sale Information (626) 927-4399 By: - Trustee's Sale Officer RECONTRUST COMPANY, N.A. is a debt collector attempting to collect a debt. Any information obtained will be used for that purpose. A-FN4254526 07/05/2012, 07/12/2012, 07/19/2012 Lawndale Tribune: 7/5, 7/12, 7/19/2012

NOTICE OF TRUSTEE'S SALE TS No. CA-11-478083-CL Order No.: 110512257-CA-LPI YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 3/27/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): NICOLAS FERNANDEZ AND ANA FERNANDEZ, HUSBAND AND WIFE AS JOINT TENANTS Recorded: 4/5/2007 as Instrument No. 20070810263 of Official Records in the office of the Recorder of LOS ANGELES County, California, Date of Sale: 7/30/2012 at 11:00AM Place of Sale: By the fountain located at 400 Civic Center Plaza, Pomona, CA 91766 Amount of unpaid balance and other charges: \$467,048.16 The purported property address is: 15311 GREVILLE AVE. UNIT #2, LAWNDALE, CA 90260 Assessor's Parcel No.: 4079-015-023 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property.

NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgage, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 714-730-2727 for information regarding the trustee's sale or visit this Internet Web site http://www.qualifiedloan.com, using the file number assigned to this foreclosure by the Trustee: CA-11-478083-CL. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any inaccuracy of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagee, the Mortgagee, or the Mortgagee's Attorney. Date: -Quality Loan Service Corporation 2141 5th Avenue San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 714-730-2727 Or Login to: http://www.qualifiedloan.com Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holder's rights against the real property only. THIS NOTICE IS SENT FOR THE PURPOSE OF COLLECTING A DEBT. THIS FIRM IS ATTEMPTING TO COLLECT A DEBT ON BEHALF OF THE HOLDER AND OWNER OF THE NOTE. ANY INFORMATION OBTAINED BY OR PROVIDED TO THIS FIRM OR THE CREDITOR WILL BE USED FOR THAT PURPOSE. As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. A-4263689 07/05/2012, 07/12/2012, 07/19/2012 Lawndale Tribune: 7/5, 7/12, 7/19/2012

HL-23400

HL-23411

HL-23401

HL-23401

NOTICE OF PETITION TO ADMINISTER ESTATE OF: GABRIELA BOJALLI GARBER CASE NO. BP135490 To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of GABRIELA BOJALLI GARBER. A PETITION FOR PROBATE has been filed by ADOLFO B. GARBER in the Superior Court of California, County of LOS ANGELES. THE PETITION FOR PROBATE requests that ADOLFO B. GARBER be appointed as personal representative to administer the estate of the decedent. THE PETITION requests the decedent's WILL and codicils, if any, be admitted to probate. THE WILL and any codicils are available for examination in the file kept by the court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING on the petition will be held in this court

as follows: 08/06/12 at 8:30AM in Dept. 9 located at 111 N. HILL ST., LOS ANGELES, CA 90012 IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Probate Code section 9100. The time for filing claims will not expire before four months from the hearing date noticed above. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code Section 1250. A Request for Special Notice form is available from the court clerk. STEVEN A. FRIEDMAN, PC - SBN 52391 3550 WILSHIRE BLVD #420 LOS ANGELES CA 90010 7/12, 7/19, 7/26/12 CNS-2344463# Inglewood News: 7/12, 7/19, 7/26/2012

TS. No.: JWC1039 APN: 4026-016-002 OTHER REF: BETSARGIEZ NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED JUNE 3, 2010. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On August 9, 2012, at 9:00 am John R. Lukes (an individual) as Trustee under and pursuant to Deed of Trust recorded June 9, 2010 as Inst. No. 2010-0784860, executed by Hamlet Bet Sargez, a married man as his sole and separate property in favor of Bruce A. Lane, a married man as to an undivided 214/495% interest et al. in Official Records in the office of the County Recorder of Los Angeles County, California WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH OR CASHIERS CHECK OR OTHER INSTITUTIONAL CHECK ACCEPTABLE TO THE TRUSTEE, (payable at time of sale in lawful money of the United States) behind the fountain located in Civic Center Plaza, 400 Civic Center Plaza, Pomona, CA All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: LOT 3 and 4 IN BLOCK I, OF TRACT NO. 8344, IN THE CITY OF INGLEWOOD, COUNTY OF LOS ANGELES, STATE OF CALIFORNIA AS PER MAP RECORDED IN BOOK 109 PAGE 94 OF MAPS IN THE OFFICE OF THE COUNTY RECORDER OF SAID COUNTY. Tax Parcel No.: 4026-016-002. The street address or other common designation, if any, of the real property described above is purported to be: 8808 Crenshaw Blvd Inglewood, CA 90305. The undersigned Trustee disclaims any liability for any inaccuracy of the street address or other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon as provided in said notes, advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs,

of Trust heretofore executed and delivered to the undersigned a written declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgage, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (619)590-1221 or visit the internet website www.ppsales.com, using the file number assigned to this case 1359701-02. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web Site. The best way to verify postponement information is to attend the scheduled sale. For sales information: (619)590-1221. Cal-Western Reconveyance Corporation, 525 East Main Street, P.O. Box 22004, El Cajon, CA 92022-9004 Dated: July 03, 2012. (R-414253 07/12/12, 07/19/12, 07/26/12) Inglewood News: 7/12, 7/19, 7/26/2012

NOTICE OF PETITION TO ADMINISTER ESTATE OF: RUTH HANSON AKA RUTH F. HANSON AKA R. F. ISON CASE NO. YP011945 To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of RUTH HANSON AKA RUTH F. HANSON AKA R. F. ISON. A PETITION FOR PROBATE has been filed by DIANE RICHARDS in the Superior Court of California, County of LOS ANGELES. THE PETITION FOR PROBATE requests that DIANE RICHARDS be appointed as personal representative to administer the estate of the decedent. THE PETITION requests the decedent's WILL and codicils, if any, be admitted to probate. THE WILL and any codicils are available for examination in the file kept by the court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING on the petition will be held in this court as follows: 07/31/12 at 8:30AM in Dept. 8 located

at 825 MAPLE AVE., TORRANCE, CA 90503 IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Probate Code section 9100. The time for filing claims will not expire before four months from the hearing date noticed above. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code Section 1250. A Request for Special Notice form is available from the court clerk. Attorney for Petitioner JAMES A. BOHAN, ESQ. SBN 041268 3828 CARSON ST #100 TORRANCE CA 90503-6702 7/12, 7/19, 7/26/12 CNS-2345806# Hawthorne Press: 7/12, 7/19, 7/26/2012

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# PUBLIC NOTICES

CALIFORNIA DEPARTMENT OF EDUCATION  
NUTRITION SERVICES DIVISION  
SCHOOL NUTRITION PROGRAMS

Hawthorne School District is announcing its policy for providing free and reduced-price meals for children served under the *National School Lunch Program and School Breakfast Program*. The central office has a copy of the policy, which may be reviewed.

The household size and income criteria identified below will be used to determine eligibility for free, reduced-price, or full-price meal benefits. Children from households whose income is at or below the levels shown here are eligible for free or reduced-price meals. Children who receive Food

Stamp (FS), California Work Opportunity and Responsibility to Kids (CalWORKs), Kinship Guardianship Assistance Payments (Kin-GAP), or Food Distribution Program on Indian Reservations (FDPIR) benefits are automatically eligible for free meals regardless of the income of the household in which they reside. Foster children no longer require a separate application.

Apply on-line by going to the Hawthorne School District's website, Food Services Department, or type in the following address: <https://secure.ezmealapp.com/>. You may also stop by the District Office at 14120 Hawthorne Blvd, Hawthorne, CA. We will gladly assist you.

HOUSEHOLD SIZE	FREE ELIGIBILITY SCALE LUNCH, BREAKFAST, MILK					REDUCED-PRICE ELIGIBILITY SCALE LUNCH, BREAKFAST				
	YEAR	MONTH	TWICE PER MONTH	EVERY TWO WEEKS	WEEK	YEAR	MONTH	TWICE PER MONTH	EVERY TWO WEEKS	WEEK
1	\$ 14,521	\$ 1,211	\$ 606	\$ 559	\$ 280	\$ 20,665	\$ 1,723	\$ 862	\$ 795	\$ 398
2	19,669	1,640	820	757	379	27,991	2,333	1,167	1,077	539
3	24,817	2,069	1,035	955	478	35,317	2,944	1,472	1,359	680
4	29,965	2,498	1,249	1,153	577	42,643	3,554	1,777	1,641	821
5	35,113	2,927	1,464	1,351	676	49,969	4,165	2,083	1,922	961
6	40,261	3,356	1,678	1,549	775	57,295	4,775	2,388	2,204	1,102
7	45,409	3,785	1,893	1,747	874	64,621	5,386	2,693	2,486	1,243
8	50,557	4,214	2,107	1,945	973	71,947	5,996	2,998	2,768	1,384
<b>For each additional family member, add:</b>										
	\$ 5,148	\$ 429	\$ 215	\$ 198	\$ 99	\$ 7,326	\$ 611	\$ 306	\$ 282	\$ 141

In accordance with federal law and U.S. Department of Agriculture (USDA) policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call 202-720-5964 (voice and TDD).

The USDA is an equal opportunity provider.

Hawthorne Press: 7/19/2012

HH-23413

**Fictitious Business Name Statement  
2012113013**

The following person(s) is (are) doing business as LA MIRADA IMAGING, 15651 IMPERIAL HWY #103, LA MIRADA, CA 90638. This business is being conducted by a General Partnership. The registrant commenced to transact business under the fictitious business name listed April 2, 2012. Signed: Howard Gyrard Berger, President. This statement was filed with the County Recorder of Los Angeles County on June 08, 2012.  
NOTICE: This Fictitious Name Statement expires on June 08, 2017. A new Fictitious Business Name Statement must be filed prior to June 08, 2017. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).  
Hawthorne Press Tribune: July 05, 12, 19, 26, 2012. HH-774.

**Fictitious Business Name Statement  
2012133623**

The following person(s) is (are) doing business as SENIORSHARELA.COM, 14100 SHOUP AVENUE, LOS ANGELES, CA 90250. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name listed N/A. Signed: Jon Schaeffer, Owner. This statement was filed with the County Recorder of Los Angeles County on July 02, 2012.  
NOTICE: This Fictitious Name Statement expires on July 02, 2017. A new Fictitious Business Name Statement must be filed prior to July 02, 2017. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).  
Hawthorne Press Tribune: July 05, 12, 19, 26, 2012. HH-775.

**Fictitious Business Name Statement  
2012125520**

The following person(s) is (are) doing business as TOQUE, 12313 222<sup>ND</sup> ST. HAWAIIAN GARDENS, CA 90716. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name listed N/A. Signed: The Arena, President. This statement was filed with the County Recorder of Los Angeles County on June 21, 2012.  
NOTICE: This Fictitious Name Statement expires on June 21, 2017. A new Fictitious Business Name Statement must be filed prior to June 21, 2017. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).  
Hawthorne Press Tribune: July 19, 26, 2012 and August 02, 09, 2012. HH-776

**Fictitious Business Name Statement  
2012139153**

The following person(s) is (are) doing business as ADVISORS MORTGAGE GROUP, 6658 ATLANTIC AVE. BELL, CA 90201. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name listed N/A. Signed: Moises Castaneda, Owner. This statement was filed with the County Recorder of Los Angeles County on July 10, 2012.  
NOTICE: This Fictitious Name Statement expires on July 10, 2017. A new Fictitious Business Name Statement must be filed prior to July 10, 2017. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).  
Hawthorne Press Tribune: July 19, 26, 2012 and August 02, 09, 2012. HH-777

**Fictitious Business Name Statement  
2012141163**

The following person(s) is (are) doing business as NEWTAX SERVICES, 4052 MARINE AVE, LAWDALE, CA 90260. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name listed 1993. Signed: Margaret R. Newsome, Owner. This statement was filed with the County Recorder of Los Angeles County on July 12, 2012.  
NOTICE: This Fictitious Name Statement expires on July 12, 2017. A new Fictitious Business Name Statement must be filed prior to July 12, 2017. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).  
Lawndale Press Tribune: July 19, 26, 2012 and August 02, 09, 2012. HL-780.



# Movie

from front page

visible in the community and I think that people are starting to recognize that Holly Park is responsible for putting on Movie in the Park," Manning said. "A lot of people were very appreciative of us as an organization and some people were thanking us for putting on this event. They would tell me, 'This is something that I can bring my kids to and enjoy myself.' So, it is definitely a great opportunity for families to bond together and not have to worry about having to pay some elaborate out-of-pocket fee to watch a movie or to get a babysitter."

These types of events are also considered crucial in developing bonds between the community organizations that take on the task of organizing such recreational opportunities. "It's all about strengthening the different neighborhood associations and allowing them to thrive and have events," Vargas said. "We [City leaders] should give them the resources and the sponsorship so they can have this event. Before, there used to be a lot of hurdles to make things happen and we should make it easier

because there are a lot of good ideas out of the community."

For Manning, having families enjoy themselves in the comfort of their own community is what really matters and she hopes that the Holly Park Homeowners Association can continue to provide such opportunities. "It was nice to see a couple of new people that have just moved into the Holly Park neighborhood--actually, our winner of the flat screen television just moved into the neighborhood a couple of months ago and she was just so excited," Manning said. "She came to one of our meetings and we gave her a grand welcome. She was able to see the wonderful things that we are doing as an organization like Movie in the Park, so it was definitely an exciting moment for her and an exciting moment for us. What we are trying to instill in people in the community is that not only are we here to support you in your everyday life, but we are also here to bring you together to socialize and just so we can enjoy each other's company and have a good time." •

# Singing

from front page

bachelor's degree in kinesiology and planned to move on to a master's degree in occupational therapy. However, the desire to sing convinced him to send an audition tape to the show, which is a drastic change from his formal performances.

"I have been singing ever since I can remember--my dad was a singer, so I just copied what he was doing," Farol said. "He was like a jazz singer, so that's what I started off singing. I began singing ever since. I would sing in my little karaoke room and try to get better and better. I was always really shy, so I kind of just sang to myself. It was something that I never really showed off to anyone."

Since his appearance on the show, Farol believes that he has been able to learn how to become a better performer in a live setting. "This show definitely helped me. Kelly helped me out a lot--she has always tried to make me feel as comfortable as possible on stage," Farol said. "We had a month break between the recordings and live shows, so during that break I just tried to stay in front of as many people as possible, which helped me out a lot. I would sing in bars and at small venues, which kind of helped me out. Overall, I just tried to practice on my stage presence because that's what I was lacking. Over time, I started seeing fans' support online and on Twitter and that really made me feel comfortable."

The competition has been intense, but Farol is happy with the new friends that he has made on the show with the contestants, the stars and the crew. "It has been really



Born and raised in the South Bay, Jason Farol's lifelong dream to be a professional singer has been on hold because of his parents' expectations for his higher education. (ABC/KELSEY MCNEAL)

fun. Everyone has been super nice and all of the contestants have really bonded--we have become a family and we became really close," Farol said. "We spend all day together and even on our days off, we hang out. We are always talking to each other and we try to help each other out. We are all very supportive of each other. I'm glad that the cast has been as welcoming and as fun as they are."

For Farol, Duets has been a fun learning experience that he believes has helped him grow as a singer and as a person. "I didn't really think I was going to make it past the video audition and every round that I made it farther I kept thinking that I was going to get sent home--it was too good to be true," Farol said. "It was like, 'Why would this happen to me?' When I sang at Kelly's concert, I really thought that I was going home. That was such a great accomplishment to be able to sing with her and in front of all her fans. I kept making it on the show every week, which was a surprise. I can't believe that it is happening to me."

Farol continued, "I'm from the South Torrance area by the beach. I have always been at the beach my whole life. A lot of my classmates didn't know that I sing. I am really quiet in school and I don't really talk, so when they found out that I made the show they were really surprised. They were shocked that I was breaking out and was no longer this quiet guy that they knew before."

The finale of Duets took place July 19, but results were not available at press time. •

# SMILE awhile



Here is a picture of my baby boy--11-month-old Aidan Woo kissing his favorite Pooh! Submitted by Becky Cheng.



Oh happy day! Daniel Murphy at age 2. Submitted by Donna Murphy.



Sending a picture of my three kids happy moment after little girls Chloe's first riding of rollerblades. Submitted by Evelyn Kim.



Baby Chloe "I just love dining out at a restaurant!" Submitted by: E.S. resident Donna Cummings.



El Segundo resident Stan Williams gets acquainted with his great granddaughter Georgia Molloy. Submitted by Linda Shepard.

**Readers send us your photos!** Do you have a favorite photo? An old yearbook photo? Glamour Shot? Baby photo? **We want them.** We will accept only one photo, per person, every month. Once a month, we will pick a "Staff Favorite" and the winner will get a **\$25.00 gift certificate** from one of our advertisers.

Email your photos to: [Management@heraldpublications.com](mailto:Management@heraldpublications.com). We will only accept emailed photos and they must be in jpg form.

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